

Quiet quitting

What is it? Is it Real?

- Global Gallup poll finds **59 per cent** of workers who responded said they were quiet quitting at their work (*The Globe and Mail* "Two-thirds of Canadian employees are quiet quitting, study finds", July 1, 2023).
- Defined as: "put in the minimum effort required" and are "psychologically disconnected from their employer."
- Quiet quitting is turning into actual quitting for many Canadian workers, according to a recent report: 71 per cent of workers want to leave their jobs in the next 12 months, up from 61 per cent in 2022. (Canadian HR Reporter, "Over 7 in 10 Canadian workers want to quit their jobs within a year", March 15, 2024).

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Discussion

- How many of you are experiencing quite quitting with your employees?
- How are you identifying it?
- What are the causes?
- What are you doing to address it?

Quiet quitting

Why?

According to Hays' survey of over 4,500 respondents, conducted between Nov. 25, 2023 and Jan. 12, 2024:

"55 per cent feel more stress this year than last year, and 46 per cent are unmotivated."

- Stress
- Choice/Lack of Choice
- Remote work
- Dissatisfaction with compensation
- Changing relationship with work
- Generational shift



Source: Canadian HR Reporter, "Over 7 in 10 Canadian workers want to quit their jobs within a year", March 15, 2024

What to do?

Effectively two philosophies – good cop/bad cop

- 1. Tighten policies, monitor conduct and performance manage:
 - a) Privacy and Electronic Monitoring
 - b) Performance Management
 - c) Just Cause
- 2. Change the terms/environment of work to motivate employees to engage and be dedicate:
 - a) Right to disconnect
 - b) Flexible work arrangements
 - c) Thoughtful and comprehensive compensation plans

Bad cop: Tighten policies, monitor conduct, and performance manage

- 1. Update policies including:
 - i. WFH
 - ii. Privacy and electronic monitoring
- 2. Performance management:
 - 1. PIPs
 - 2. Activity monitoring
- 3. Just cause

Good cop: Motivate employees to engage and be dedicate

- 1. Right to disconnect
- 2. Flexible work arrangements
- 3. Thoughtful and comprehensive compensation plans

Moving forward

- Consider best option, or blended approach, for your organization or team.
- Stay flexible and reassess strategies.
- Provide working notice for any large changes to terms and conditions.
- We are here to help develop and implement these strategies.